



PASSAIC VALLEY ★
REGIONAL HIGH SCHOOL ★
Serving Little Falls, Totowa, & Woodland Park

PV UNITES TRI-BOROUGH AREA TEACHERS FOR 3rd ANNUAL DAY OF DEVELOPMENT

The Honorable Richard J. Codey to Keynote Day-Long Event

[November 2, 2018 - Little Falls, New Jersey] Passaic Valley Regional High School (PV) will host its annual day of development on Wednesday, November 7, uniting all teaching professionals from PV High School and each of its feeder public schools throughout the Little Falls, Woodland Park and Totowa. The event, now in its third year, was established by PV to ensure all local area teachers are provided the opportunity to foster strong relationships across the three school districts, instill collaborative problem solving, and participate in impactful development and training. This year's theme will focus on addressing mental health and wellness issues and was developed in joint partnership with The Codey Foundation for Mental Health, who will provide a series of clinicians and experts to lead a variety of trainings and forums. In addition, The Honorable Richard J. Codey serve at the event's keynote speaker.

"As the focal point for education in our public school system, it is one of PV's top priorities to be a resource to each of the three communities of the tri-borough area," stated Passaic Valley Regional High School Superintendent JoAnn Cardillo. "Now in our third year, this day of development is the culmination of a great deal of work and vision on the part of each of our local Superintendents, and together we have built a world class day to unify around important issues and provide our great teachers with the kind of development deserve and demand. Special thanks go to the many people across the area that make this event such a great success each year, including Governor Codey's whose passion regarding the issue of mental health was the driving force behind this year's event."

Included in Monday's teacher development event will be a variety of topics. A sampling includes:

Trauma-Informed Classrooms - Participants will discuss the importance of trauma-informed classrooms to help gain an understanding of the impact of trauma and adverse life experiences on students and the classroom culture.

Signs and Symptoms of Stress and Anxiety - This workshop will discuss best practice for understanding and treating symptoms of anxiety that may be undiagnosed and/or untreated.

LGBTQ - This workshop will increase understanding of serving LGBTQ children in classrooms and understand the challenges they face in schools.

Music Therapy - This discussion will help educators learn how to improve students' functional outcomes in the following areas: Communication, Motor Skills, Socialization/Life Skills, and Physical and Mental Cognition.

Fostering Resilience in Students Coping with Loss - This workshop provides an understanding of the impact of loss on children and youth and how it impacts their academics, behavior and social-emotional development.

Crisis Intervention - Participants will learn practical ways to serve those dealing with crisis.

Adolescent Development, Psychopathology and Addiction, Resistances and the Stigma of Recovery - During this seminar, teachers will explore these areas of concern by learning how to differentiate normal adolescent developmental crisis vs. pathological development.

Celebrating Body Image - Participates will gain a better understanding of the signs and symptoms of eating disorders and review proper terminology for addressing body image.

WHO: Tri-Borough Teachers Little Falls, Woodland Park, Totowa & Passaic Valley High School

WHAT: 3rd Annual Regional Teacher Development Day

WHEN: Wednesday, November 7th

WHERE: Passaic Valley High School Regional

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